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SAFEGUARDING

Online Abuse: The posting of sexual photos or videos of adults online without the person's consent is a crime. If you or someone you know experiences this, contact the Police on 999 you can also contact the Revenge Porn Helpline: 0345 6000 459
Email or request a call back: help@revengepornhelpline.org.uk

If you have any issues or need to discuss any concerns regarding your own safety or that of a fellow learner please do not hesitate to contact us:

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Interview with a Learner: ABBY SANDFORD

Abby Sandford is studying for her level 3 Apprenticeship in Business Administration. I caught up with Abby who said she is really enjoying her qualification. Abby said that her manager Sam is, 'very supportive and makes sure I have my 20% time off the job to complete my work.' Abby, who is due to finish her studies in January 2020, said that her assessor, Francesca is very proactive when marking her work and gives good constructive feedback. Abby wants to go on to do her level 4 and hopes to carry on in her work for Agincare.



VESAK: 18th to 19th May 2019 is Vesak – Buddha Day. This is one of the most important days of the year for Buddhism and is celebrated by Buddhists all over the world. During Vesak Buddhists commemorate the important events that took place in the life of Lord Buddha on this day.

Congratulations go to Gabriela Carolina Popovici for achieving her Lead Adult care Worker level 3 Apprenticeship Debbie the deputy mgr. for Gainsborough Care home said: "A very big achievement for Gabriela, I am so proud of her. A very well done." I spoke with Gabriela who said she is so pleased to have completed.



Gabriela is featured in the middle of the above photo with Lee Langley on the left and Juliet Porter on the right outside Gabriela's place of work Gainsborough Care Home.

Equality & Diversity - Some dates to look out for in June:

-16th June - Fathers' day

-1st – 30th June LGBT+

June is Lesbian, Gay, Bisexual and Transgender Pride Month, as designated by presidential proclamation since 1999. June 28 designates the anniversary of the Stonewall Rebellion, one of the key events in gay/lesbian civil rights.

-5th May to 4th June Ramadan:

For Muslims, the month long celebration commemorates Allah, the Arabic name for God, giving the first verses of the Quran, the Muslim holy book, to the Prophet Muhammad in the year 610 A.D.



Health & Safety:

Dysphagia is the medical term for swallowing difficulties. Some people with dysphagia have problems swallowing certain foods or liquids, while others can't swallow at all. Other signs of dysphagia include: coughing or choking when eating or drinking, bringing food back up, sometimes through the nose. Most swallowing problems can be managed, although the treatment you receive will depend on the type of dysphagia you have. Treatment for dysphagia may be managed by a group of specialists that may include a speech and language therapist (SLT), a dietitian and, possibly, a surgeon.

Congratulations to Claudia Awdi for completing her Level 3 Apprenticeship in Lead Adult Care I spoke with Claudia last week and she had this to say about her learner journey with Training Now:



"This course has really helped me with my job role as I now understand a lot more. I've enjoyed learning new theories and processes and evaluating how I already work to see if there are any changes that need to be made.

One part that particularly supported me in my role has been looking at certain aspects such as being person centered and the legislation regarding Safeguarding. I have had an amazing team of assessors to guide me through and help when I needed them. Thank you all at Agincare and Training Now - for all the kind caring support I've had from so many staff members; Mary Knight, Lauren Cleever, Tracey Wood, Daniela Bardell who were always flexible and were able to make studying for my apprenticeship level 3 enjoyable and so that it was never a chore. I would have no hesitation in recommending the apprenticeship to anyone wanting to move forward with their career."

Ramadan starts on 5th May and finishes on the 4th June. Ramadan involves periods of fasting for practicing Muslims, involving no food or fluids for 17 hours from sunrise to sunset. Exemptions to fasting include those who are ill and pregnant and lactating women. Eating, drinking, smoking, taking medication including inhalers and medication administered by PEG/RIG will break the fast.

The effects of fasting can include reduced blood glucose levels which can affect physical performance and cognition. If you have concerns about the continued health of an individual, particularly with omitted medication please seek advice from their GP or other health professional (as you would normally in-keeping with Duty of care however with the added aspect of Ramadan)

Alan Turing – A famous mathematician - was born on 23rd June in 1912 and died 7th June 1954. Alan was famous (amongst other things) for 'cryptanalysis' which is the study of ciphertext, ciphers and cryptosystems with the aim of understanding how they work and finding and improving techniques for defeating or weakening them. See if you can break the code below to decipher the sentence and win a £10 gift token:

**14-26-7-19-8 18-8 7-19-22 11-12-22-7-9-2 12-21
15-12-20-18-24.**

